WATERMELON BASIL DRINK

Recipe by: Chef Jonathan Poyourow, RD, LD
Yield: 1 serving

Ingredients:
3-5 basil leaves
½-inch slice of ginger, peeled
½-ounce simple syrup
½ cup of diced watermelon, pureed in a blender
2 ounces vodka (optional)
½-ounce fresh lime juice
½-ounce ginger ale

Method of Preparation:

1. In a shaker, muddle the basil, ginger and simple syrup.
2. Add watermelon, vodka, lime juice and ginger ale and fill with ice.
3. Shake well and strain into a rocks glass filled with ice. Garnish a slice of watermelon.

Nutritional Analysis:
Calories: 200
Carbohydrates: 16 g
Sodium: n/a
Protein: n/a
Fat: n/a
Fiber: n/a
Note: sugars 15 g

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